



Dr. Shivnarayan Gupta

Dr. Shivnarayan Gupta is a luminary whose extraordinary contributions to Ayurveda, education, and social welfare over the past four decades make him an exemplary candidate for the prestigious Padma Shri award. His relentless dedication to advancing Indian traditional medicine, fostering global academic collaborations, and uplifting marginalized communities aligns seamlessly with the vision of an "Aatmanirbhar Bharat" and the ethos of "Sarve Bhavantu Sukhinah, Sarve Santu Niramaya" (May all be happy, may all be healthy). Dr. Gupta's work transcends borders, earning him recognition as a global ambassador of Indian heritage and knowledge systems.

Key Contributions

Global Ambassador of Ayurveda

Dr. Gupta has been a pivotal force in elevating Ayurveda to a global platform, fostering cross-cultural knowledge exchange and establishing India as a leader in integrative medicine.

- **Expansion of Indian Ayurveda in Europe:** As the head of the Academic Advisory Board at the European Academy of Ayurveda, Germany, for 25 years, Dr. Gupta has **trained over 700 medical professionals and 2,000 paramedical professionals**. He has introduced more than **20,000 European scholars to Ayurveda and India's rich knowledge systems**, significantly enhancing the global stature of Indian traditional medicine.
- **International Research and Collaboration:** Dr. Gupta plays a key role in the *Charaka Samhita New Edition Project* in the USA, contributing to the modernization and dissemination of classical Ayurvedic texts. His advisory role in a landmark osteoarthritis study at Charité Medical University, Berlin, sponsored by the Ministry of AYUSH, has advanced integrative medicine globally.
- **Authorship of Seminal Works:** Dr. Gupta has authored three authoritative books on *Kayachikitsa*, *Panchakarma*, published by the prestigious Thieme Publishers in Germany. He is also renowned for his landmark book on '*Charaka Samhita*'. These works are widely acclaimed in both Ayurvedic and

European medical circles, serving as foundational texts for practitioners and scholars.

Pioneer in Ayurveda Education & Research

Dr. Gupta's leadership in academia and research in Ayurveda has transformed institutions and inspired generations of scholars, establishing him as a trailblazer in holistic education.

- **Vice Chancellor of Maganbhai Adenwala Mahagujarat University:** Dr. Gupta provides visionary leadership, guiding students and faculty across diverse disciplines. His mentorship has shaped over **700 Ayurvedacharyas** and Ph.D. scholars, fostering the next generation of Ayurvedic experts.
- **Research Excellence:** With **over 60 peer-reviewed publications**, Dr. Gupta received the 2019 ESIM Integrative Medicine Research Award (10,000 Euros), recognizing his contributions to advancing scientific research in Ayurveda.
- **Healthcare Innovation:** Under his leadership, P.D. Patel Ayurveda Hospital has emerged as a global centre for treating complex kidney and liver disorders, offering **life-changing care to thousands of patients** who credit Dr. Gupta for their renewed health.

Social Impact and Community Welfare

Dr. Gupta's commitment to public health and rural empowerment reflects his deep sense of social responsibility, aligning with the Government of India's goals for rural healthcare and community welfare.

- **Health Camps for Rural Communities:** Dr. Gupta has organized many health camps, connecting countless rural individuals to the AYUSH mission. These initiatives have empowered underserved communities with access to quality healthcare and preventive education.
- **Innovative Training Programs:** He designed the *Arogya Samanvaya* program (2018–2020), a 20-day Ayurveda training initiative for Community Health Officers (CHOs) at the request of Dr. Jayanti Ravi, then Health Secretary of Gujarat. This program has strengthened integrative healthcare delivery at community health centers.
- **Dual Degree Curriculum:** Dr. Gupta played a pivotal role in designing the dual-degree MBBS-BAMS curriculum for JIPMER, Puducherry, fostering a ground-breaking integration of allopathic and Ayurveda education.

Awards and Recognitions

Dr. Gupta's exemplary contributions have earned him prestigious accolades, underscoring his stature as a leader in Ayurveda and education:

- IASTAM Jugtaram Vaidya Award
- Ayurveda Shiromani Award
- National Ayurveda Vidyapeeth Fellowship

These honours reflect his profound impact on both national and international stages.

A Legacy of Service and Inspiration

Dr. Shivnarayan Gupta's contributions extend far beyond the realms of medicine and academia. His work embodies the spirit of Indian culture, bridging ancient wisdom with modern science and bringing transformative change to millions of lives worldwide. His dedication, foresight, and tireless efforts make him a true exemplar of "Distinguished Service to the Nation."